

Adaptations: Physical, Physiological and Habitat adaptations and Their Significance

**Dr. R. Prasad,
Assistant Professor,
Department of Zoology,
Eastern Karbi Anglong College**

2) DEFINITION : "CHANGE IN THE MORPHOLOGY, ANATOMY, PHYSIOLOGY OR IN LIFE HISTORY OF AN ANIMAL, WHICH PROVIDES IT AN ADVANTAGE IN A PARTICULAR ENVIRONMENT AND INCREASES ITS CHANCES OF SURVIVAL."



It is a modification of an organism or its parts that makes it more fit for existence under the conditions of its Environment.

3) REASONS OF ADAPTATIONS:

Can be many reasons:

- **to find food**
- **to adjust their bodies to the temperature of their environment**
- **to defend themselves**
- **to find a mate**
- **to escape from predators and other dangers**
- **to adjust for the loss of their habitat.**

Physical Adaptations:

These are structural features of an organism, like the shape of a bird's beak, the thick fur of a polar bear, or the long neck of a giraffe. They are often visible and directly impact an organism's ability to interact with its environment.

I》 STRUCTURAL ADAPTATION

Structural adaptations are how the animal's body functions or looks on the outside.

Note: structural adaptations take place over a very long period of time and usually occur very slowly.

Body parts (like feet and ears) and body coverings (like fur and scales) are structural adaptations.

- ☐ Teeth –don't all have the same kind of teeth
- ☐ Body coverings – Hair, scales, spines, and feathers help animals survive in their environments.
- ☐ Movement – animals find food by moving from place to place

Structural Adaptations: Body Parts

Structural adaptations are unique features of the body that help the animal survive in its environment. This includes body parts like feet, tails, ears, beaks, and wings.



Waterfowl like ducks, geese, and swans have webbed feet that help them swim to look for food.

Garrett Hachery at Wikimedia Commons



Eastern Cottontail Rabbits have large ears that help them listen for danger.

Structural Adaptations: Body Coverings

Structural adaptations are unique features of the body that help the animal survive in its environment. This includes body coverings like fur and scales.



Red Foxes have fluffy fur that keeps them warm in the winter.

Peter Rappas at Wikimedia Commons



Smooth Green Snakes have hard scales that protect their bodies when they slither across the ground.

Physiological Adaptations:

These involve internal bodily functions and processes, like the ability of cacti to store water or the shivering of animals in cold environments to generate heat. These adaptations are often related to metabolism, hormone regulation, and other internal mechanisms.

2》 PHYSIOLOGICAL ADAPTATIONS:

Physiological adaptations are how the animal's body functions on the inside.

This includes changes in the cells, chemicals, and processes inside an animal's body.

Note : Physical adaptations do not develop during an individual animal's life, but over many generations.

Example

- Red kangaroos living in an environment where drinking water is scarce produce very concentrated urine, which conserves water and enables them to tolerate salty drinking water.



- **Physiological adaptations** are systems present in an organism that allow it to perform certain biochemistry reactions.
- For example: making venom, secreting slime, or being able to keep a constant body temperature.



3. Habitat Adaptations:

These are the ways organisms adjust to their physical surroundings, including climate, resources, and other organisms. Examples include camouflage, migration patterns, and hibernation.



Many ground squirrels hibernate during cold winters, sleeping in a nest until warm weather arrives. Some however hibernate when the weather gets too hot.

Significance of Adaptations:

1. Survival:

Adaptations are fundamental for an organism's survival, allowing it to find food, avoid predators, and withstand environmental pressures.

2. Reproduction:

Adaptations can enhance an organism's ability to find a mate and successfully reproduce, ensuring the continuation of its genes.

3. Fitness:

Adaptations increase an organism's biological fitness, which is its ability to survive and reproduce in a specific environment.

4. Evolutionary Change:

Adaptations are the raw material for evolution. Through natural selection, advantageous adaptations become more common in a population over time, leading to evolutionary change.